Corey Andrew Powell ([00:01](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Hello everyone. I'm Corey Andrew Powell, and I am really thrilled today to be joined by Jothy Rosenberg. Now, Jothy has a PhD in computer science from Duke University, where he's remained a CS professor for the, for, for five years. Uh, he's the founder of nine high tech startups as well in areas ranging from parallel supercomputers to internet security with some internet infrastructure, television streaming processors and special effects equipment and startups in between as well. His personal story is one that is very harrowing, but also, uh, uh, inspirational and aspirational, and I'm just happy he's here today. So, Jothy, welcome to Motivational Mondays.

Jothy Rosenberg ([00:37](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Thank you So much, Corey. I'm glad to be here. It's, uh, it's, I've, I've, I've liked your, your podcast and, uh, I, I'm honored actually to be on one that's, you know, this popular.

Corey Andrew Powell ([00:49](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Oh my goodness. Well, that is, um, I'm honored <laugh>, that's a great compliment. So, excuse me. Thank you so much. I try to bring really tangible conversations that people can use, not just a bunch of q and a and, you know, without really something that's tangible. So, what I would love to talk to you about first and foremost, is your personal story. I just know that a big part of that is, as you say, uh, I guess 43 year amputee from being a cancer survivor. So, can you talk a little bit about when cancer impacted your life? I mean, you would've been really young at that stage, correct?

Jothy Rosenberg ([01:21](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

I was 16 actually. It's been 50. Uh, the, the math is, is, is, was not right in my notes. It's 51 years.

Corey Andrew Powell ([01:30](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Hmm.

Jothy Rosenberg ([01:30](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

As an amputee, 51 years ago since, uh, I was, uh, 16. And, and, uh, and we, we got the diagnosis of cancer, which didn't happen, of course, you know, instantly. Um, it was bone cancer. And so, uh, unbeknownst to anyone, it's, uh, sort of making the bone in the knee on the, on the upper side of the knee, the femur start to disintegrate. And, um, and things would happen. Like I'd be jumping rope and, and, and in midair when my knee was still bent, it wouldn't unbend, it wouldn't straighten, and I would fall on ground, which would hurt, like just you wouldn't imagine <laugh>. Yeah,

Corey Andrew Powell ([02:11](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Sure.

Jothy Rosenberg ([02:12](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

So much. And they would call my dad, and he would, he was a surgeon, and he would come and he would say, and you know how doctors are with their kids? They, they, uh, they think they can treat them and not take them to the doctor <laugh>. Right.

Corey Andrew Powell ([02:26](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Oh, okay. And,

Jothy Rosenberg ([02:28](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And he would, he would say, you know, big guys hurt their knees a lot, you know, so just, why don't you take it easy? I'm gonna wrap it in an ace bandage. And, and maybe if you take it easy, it'll, it'll get a little bit better now, you know? When was the last time you told a 16-year-old to take it easy? And they did. Mm,

Corey Andrew Powell ([02:48](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Right. Yeah. <laugh>. Yeah. And that's, and that's, yeah. So go ahead, please.

Jothy Rosenberg ([02:52](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Well, well, then, then of course my, my older brother thought he could take advantage of this, so he would punch me and run and, and I, of course, I had to try to catch him and, and so I could like pounce on him. And in the process of, of trying, I would hurt it again. And my dad would say, Hey, come on. Take it easy. Anyway, he finally did take me in after three times of, of hurting it. And, um, and then they decided something was not right. They did a biopsy, and then that leg had to be amputated the next morning in an emergency because it gets into the bloodstream.

Corey Andrew Powell ([03:32](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

You know, I can't even imagine, um, being 16 years old and being told that, I mean, what is that like at 16 to be told that the next day we have to remove your leg?

Jothy Rosenberg ([03:46](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Well, <laugh>, the thing is, is that they're immediately putting you into just a whole bunch of things. They're, you know, shaving the hair and they're, and they're prepping you. And so, you know, there's a whirlwind of activity going on. So I didn't yet get a chance to think about it.

Corey Andrew Powell ([04:04](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Hmm.

Jothy Rosenberg ([04:04](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

That came after, you know, a it wasn't until after, because, you know, they already gave me drugs to help me sleep. 'cause they knew that I would be freaking out. Yeah,

Corey Andrew Powell ([04:14](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Sure.

Jothy Rosenberg ([04:14](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

I, I, I was sort of sedated. I shouldn't say I was drugged. I was sedated.

Corey Andrew Powell ([04:18](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Jothy Rosenberg ([04:19](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Um, and, and, and then seven in the morning off to, you know, to surgery. And, you know, I wake up in the ICU and, and all I hear are the, the very quiet worrying of all the machines. And the nurses are, you know, going around me and I look down and there's just a bandaged stump where my leg used to be.

Corey Andrew Powell ([04:43](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Wow.

Jothy Rosenberg ([04:44](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And then I had to deal with, with just, you know, months of, of excruciating pain, um, of, and, you know, first, first they used, um, uh, fake narcotics. 'cause those were the days when they thought they couldn't give you narcotics in, uh, even for, you know, serious pain. And the truth is, well, you know, that's actually what narcotics are actually good at, you know, dealing with

Corey Andrew Powell ([05:12](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

<laugh>. Right? Yeah.

Jothy Rosenberg ([05:13](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Real pain.

Corey Andrew Powell ([05:13](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Jothy Rosenberg ([05:14](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yes. So, um, wow. But I, I gotta say, Corey, that this, so the, the first phase of this whole story was about everybody telling me, you can't do this. You can't do that. While I was even still in the hospital, and I hadn't yet come up with my sort of, um, trademark phrase, which, you know

Corey Andrew Powell ([05:37](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah. Who says I can't,

Jothy Rosenberg ([05:38](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Who says I can't. Yes.

Corey Andrew Powell ([05:40](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yes.

Jothy Rosenberg ([05:40](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

But, but, um, but all I was hearing was can't. And it's, it's, uh, I mean, you're already, you know, you've been whacked and then everybody is kind of furthering it and beating it into you that, you know, my favorite sport as at that age was, was skiing. I had, I had already skied since I was five. I was, I was good. And, uh, and then they said, well, you, you can't ski on, on one ski, of course. So, you know, forget it. And then, uh, you know, well, you can't swim because you'd go in circles, which is the dumbest thing.

Corey Andrew Powell ([06:15](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Silly. Yeah. Ridiculous <laugh>.

Jothy Rosenberg ([06:18](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Uh, but the, but now flash forward just a little bit because then when I was 19, and so you need to understand the, the first thing that happened in 1973, chemotherapy had not yet been developed. And so they were just hoping that they'd, it hadn't gotten into the bloodstream 'cause that's what this cancer does. And so I had to have these checkups every six months, a blood test and a chest X-ray. 'cause where this cancer will go, if it is in a bloodstream is it'll deposit itself in, in the lung. And after three years, and I thought I was just doing these checkups just to, you know, placate my parents. Um, I didn't actually think that it was possible. You know, I'm, I'm, I'm, now I'm 19, and you think you're, um, immortal at 19. Right. Nothing, you know, nothing can hurt me, man.

Corey Andrew Powell ([07:19](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Jothy Rosenberg ([07:19](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

I mean, and I even thought that even though something had happened to me, um,

Corey Andrew Powell ([07:24](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

you still look at Yeah. <laugh>.

Jothy Rosenberg ([07:26](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And, and then I, and then I, I get the checkup and it says, you're not going home. You're getting readmitted to the hospital. You have to have your lung removed tomorrow morning.

Corey Andrew Powell ([07:34](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm. My goodness.

Jothy Rosenberg ([07:36](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And that's when it's really bad, because now you're, you, you realize, okay, that wasn't a fluke. It really is in me, and is it done with me? And, and then, you know, then, then they did have chemo and they put me on that. So now you're dealing with that, your hair falls out and, and you go back to school after that. And, you know, um, the chemo is a long process, you know, it's, for me, it was, um, let's see, it was an, it was five days of injections, and then you get a three week break because your, your body has just been decimated by that, and you're sick all that time. Luckily, I went to one of these small colleges that was great about working around my, you know, my chemo. Oh, the other cool thing was <laugh> sort of cool, is that this was year, decades before the concept of medical marijuana. Right. <laugh>. But I had an enlightened, um, oncologist who, who noticed the obvious that I was getting really sick, you know, nauseous and throwing up and stuff, even before the needle would hit me, my skin, because the, the, their body is just getting such a strong reaction. And he said, listen, do you know what THC is? And I, I hadn't had an adult ask me that question. And I was very suspicious, why are you asking? And I said, yeah. And he said, well, I can't help you with this, but if you have a source that could get you this, um, in any form, take it before you come in for the next injection. I said, okay. So I had a friend make me a big fat joint <laugh>, and I, and I smoked it, and I went in and like, I, it used to be that I would go in and the rug in the doctor's office would set me off. I mean, it was such a strong connection.

Corey Andrew Powell ([09:38](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah. Trauma.

Jothy Rosenberg ([09:40](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And I used to call the nurses, you know, I said, Hey, these are my throw up nurses. 'cause that's what was, they were about to make me throw up. And they, they, they saw me all happy and I wasn't, you know, like nervous this time. And they did the injection, and I still wasn't getting sick. And they couldn't, they couldn't understand what was going on.

Corey Andrew Powell ([09:58](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Hmm.

Jothy Rosenberg ([09:58](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And, and, and, and I was one, one of the earliest people probably that saw the amazing effect of of marijuana.

Corey Andrew Powell ([10:08](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah. Yeah. I mean, of course today that is one of the main ways in which they help people navigate that whole situation of the chemo, of the nauseousness, of the loss of appetite, because it increases appetite. So, yeah. I mean, it's amazing that you were sort of on that journey. And now, I mean, my goodness, it's like a, it's a publicly traded product, <laugh> on the stock exchange. I mean, that's how far we've come to

Jothy Rosenberg ([10:32](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

<crosstalk>. I know, a long, a long, long time coming too.

Corey Andrew Powell ([10:35](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah. I, yeah. For me, um, you know, what I, when in college, you know, um, it just made me eat enormously. And, um, I don't need any help getting fat so I don't partake. I'm good. But, um, I'm happy. I'm happy that it helps other people. Um,

Jothy Rosenberg ([10:50](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

You know, for me, it's funny because now I don't, I don't wanna partake in, in using it recreationally because in my mind it is a medicine, a drug.

Corey Andrew Powell ([11:01](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah. Yeah.

Jothy Rosenberg ([11:01](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

That has a purpose. And so, you know, I don't partake either.

Corey Andrew Powell ([11:05](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah. And it's also fascinating that there's this, this strange dichotomy of resistance in this country, specifically when we know there's medical benefits to it. And you still have, I think it's like 27 or 28 states where it's legal, and then some states where it's kind of legal, then you don't know, well, if I have it in this state and I crossed the line, am I gonna go to prison if I <laugh> crossed the Mason Dixon or something? You know, it's just, we need to really, I think, get it together in this country with it being a a, you know, a we're all on the same page, if you will, but I don't wanna go into a tangent being an advocate for marijuana, because this is a family show, uh, by the way,

Jothy Rosenberg ([11:41](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

<laugh>. Yeah. Well,

Corey Andrew Powell ([11:42](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

No,

Jothy Rosenberg ([11:42](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah, understood. <laugh>.

Corey Andrew Powell ([11:44](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

I'm just kidding. But no, it's a, it's an adult topic. And so I think hopefully we can get that together. But more importantly, I wanna talk to you about your TED talk, because it really just, uh, support to what you just were discussing about who says, I can't. And I love how you had other people who had endured physical adversities in their lives from the woman who went over the, I think the, the ocean floor, the sea, the sea wall, I think she was talking about, and then the, the, um, hikers who had gone into like, the wilderness side of, um, of the mountain.

Jothy Rosenberg ([12:18](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

In Washington.

Corey Andrew Powell ([12:18](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And they, and just. Yeah, exactly. In Washington adjust, uh, the adversity that was overcome by people who had these really extraordinary circumstances. And so I love that that's really a, a lesson for all of us to learn from. But you bring up a point about people who have potentially physical disabilities, they think differently when they face adversity, which maybe gives them more of an advantage than able-bodied people. So can you talk a little bit about that?

Jothy Rosenberg ([12:46](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Well, it's interesting because if you look around, you'll see an incredible number of people who have some form of disability, um, that have overachieved. And they studied this really carefully among polio survivors. Um, it, we all know Franklin Roosevelt had polio, and he was, you know, obviously a superstar, but Jack Nicklaus, Alan Alda, um, Joni Mitchell.

Corey Andrew Powell ([13:13](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Hmm.

Jothy Rosenberg ([13:13](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

These are all people that had polio. And, and then look, look, look what they, you know, accomplished. And, and the people you, that, I had three people, and you mentioned them in that on Ted Talk, um, and, um, Maureen was the one who, uh, fell over, tripped over a, a rope and, and fell down like 13 feet landed and, and broke her back and never walked again. But, and all of us have the same moment where we need something that can help us rebuild our self-esteem that's baseline.

Jothy Rosenberg ([13:53](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

If we don't, if humans don't have good self-esteem, you can't live a, a healthy life. It's a, it's actually a serious threat to your mental health.

Corey Andrew Powell ([14:02](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Hmm.

Jothy Rosenberg ([14:02](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And, and what I discovered, and the people that I, I highlighted there discovered is sports is one really good way, because somebody with a disability can find a way to adapt to the sport they love, and then they are more than willing to work super hard at getting good at it. And when they do, they feel this major sense of accomplishment. And what I said in the, in the TED talk is a, is a theory I've developed over a long period of time, which is that there's three traits which people who've, who've gotten a physical disability tend to naturally have. And with these three traits together, which I'll describe just in a second, um, they, they have the ability to, to overachieve, to overachieve, you know, their, their able-bodied or, or I like to say, temporarily able-bodied, um, you know, compatriots. And those three traits are, I'll just say what they are, and I'll describe what I mean by them first. So, insecurity, exceptionalism and, and discipline.

Corey Andrew Powell ([15:18](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Hmm.

Jothy Rosenberg ([15:18](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

So if you're, if you have a disability, there is, you are going to feel this sense of insecurity. Uh, I I, I'll give you an example. Um, I don't wear my prosthetic leg all the time. When I get up in the middle of the night and have to go to the bathroom, I have to find my crutches. That gentleman who'd lost both of his legs below the knees, um, in that accident on the mountain, well, he doesn't wanna put his legs on in the middle of the night either. He crawls to the bathroom. Okay. So, so you are reminded every day there's no like, oh, I've permanently overcome this disability. No, you are reminded every day. And so it, it builds into you, I call it insecurity, but it's also the, um, opposite of hubris. You're, you're not going to be arrogant if you have, you know, a, a physical disability. So there's insecurity, but then what happens is you start to figure out, this is something I really want to do, and so I'm gonna figure out how I can do it. So for me, you know, with skiing, it was, oh, get these poles, which we call outriggers, which have little ski tips on the end. And they're gonna enable me to, you know, if I start leaning, I could put that down real quick. Two seconds, one second, and, and I'm not gonna fall. And I get to keep going. And, and eventually you get better and better and better. So we learn to set small, achievable goals, but lots of them. And when you, and you achieve one, celebrate it, and then set the next one and keep going. And as you do, you start to feel exceptional. You feel like, wow, I've just really accomplished something significant. It certainly is significant given my situation, but, you know, eventually it becomes just really significant. I mean, there's nothing I love more than when there's a bunch of people perched at the top of a, of, of a ski run, and they're contemplating going down it. And I just go right through the middle of, of 'em and.

Corey Andrew Powell ([17:34](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

<laugh> Yeah.

Jothy Rosenberg ([17:35](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And go down. I mean, I, I love that. Okay. So, but then you, you think, well, wait a minute. How can you have exceptionalism and insecurity? Well, they seem like they're opposite traits, but you put 'em together and that's what creates drive. It's like, well, how am I gonna get, you know, sort of, I, so I don't feel that sense of insecurity all the time. Well, when you're skiing down the mountain really well, at that particular time, you're not feeling insecure.

Corey Andrew Powell ([18:05](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>. Wow.

Jothy Rosenberg ([18:06](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And, and then the third thing is, is discipline. And that's just really all about, um, focus, hard work, sticking to it. You know, it, it's kind of where, you know, I talk about in my startup world, I talk about grit. We always say startup people have grit.

Corey Andrew Powell ([18:26](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Jothy Rosenberg ([18:27](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Well, people with disabilities have grit. These two worlds that I operate in are, are linked.

Corey Andrew Powell ([18:34](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah.

Jothy Rosenberg ([18:34](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

They're linked through grit.

Corey Andrew Powell ([18:37](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

You know it, when you say that too. It reminds me so much of my own observations where, for example, a dear friend of mine, um, Michelle Taylor, who I will say hello to in this podcast, she is a manager of jazz artists. And her most, uh, I would say prominent client is a, an artist who was the child prodigy named Matthew Whitaker. He's a pianist, keyboardist, and just an amazing new music conductor and all these things. A young man now. But he was a child. And, uh, when he first began, I mean, just can play, he's just amazing blind. And I have a nice Yamaha piano that I'm proud of, and I'm still playing chopsticks after like four years with full vision, you know, <laugh>. And so,

Jothy Rosenberg ([19:16](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Corey Andrew Powell ([19:17](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

I always go, it's fascinating to me that people, you know, or even I, there, I know of a guy who skis with one leg, I'm terrified to even get on the slopes of two. Uh, it's all those things. And I think you're right. It does make people, uh, who have an innate desire to persevere and still have a full life after a devastating situation that I think is what drives them. Like in your case, it's the who says, I can't. And I just think that's a fascinating thing. That's what made you say when they told you you couldn't ski again, and plus you're 16 or, you know, young, you're like, no, I'm gonna do it. Probably <laugh>. You just have to figure out how well.

Jothy Rosenberg ([19:54](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yes, I did. And, and it, it, it wasn't like they, they said this to me in, when I was in the hospital and I fought back. I, I listened to it and thought, well, that's really depressing. But, but I still had it in me. So the, the surgery was in, in January and in March, I wasn't even fully healed, but I insisted my parents take me out to a small little mountain. We lived in a suburb of Detroit. And, and the mountains there are like, well, the hills there were actually trash heaps. First <laugh>

Corey Andrew Powell ([20:30](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

<laugh>.

Jothy Rosenberg ([20:31](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And I said, you gotta take me out. I gotta try this. And, and they didn't have those outrigger, um, things they had. I just had to use normal pointy poles.

Corey Andrew Powell ([20:39](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Hmm.

Jothy Rosenberg ([20:40](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And the funny thing about skiing is that, um, you, when you're, when you're on, on your left ski, that you're supposed to turn right with that left ski, and then it's supposed to be the right ski and it helps you turn left. Well, I only had the left. So basically what would happen is I would try to turn to the right and it would feel normal, and I would go, oh, that's awesome. As soon as I tried the other way, bam.

Corey Andrew Powell ([21:04](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah. Yeah.

Jothy Rosenberg ([21:05](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And, and so my parents are watching this, and they're saying, oh, this was a horrible mistake. He's gonna be absolutely humiliated and devastated. We've made a mistake. And at the end, they said, well, what do you think? And I said, I got this.

Corey Andrew Powell ([21:19](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah.

Jothy Rosenberg ([21:19](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Because, because I knew that, okay, I have an issue. It's the left turn. I'm gonna have to figure that out, and I'm gonna work my T off until I do. It took a long time. I actually had to wait until I was done with the chemo. And then I said, well, look, you know, I think this stuff is still in my bloodstream, so I'm probably gonna be a garner, so I gotta go do what I want to do. So I didn't even ask permission for my parents. I said, I'm driving to, to Utah from Detroit, and I'm gonna be a ski bum. And I get out there and I get a job in a lodge, um, uh, washing pots and pans. So it was the evening job. So I had all day to ski, and I, I got a, a free room and board a seasons pass and a hundred dollars a month spending money.

Corey Andrew Powell ([22:12](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Wow.

Jothy Rosenberg ([22:12](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Which I spent beer and foosball

Corey Andrew Powell ([22:15](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

<laugh>.

Jothy Rosenberg ([22:15](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And I skied every day for a hundred days straight. And let me tell you, at the end of that, you couldn't tell the difference between my right turn and my left turn.

Corey Andrew Powell ([22:24](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah. Oh, man. I love that. And you know, what's great too, is that story is very synonymous with, when I talk to successful people on this show, um, from all backgrounds, all walks of life, mostly able-bodied people. I've had some amazing guests as well, um, or I guess fully able bodies is, I guess is the terminology. Um, which is a weird terminology. We'll, we'll get into that as well. Um, but I've had this underlining denominator of people who have done well in life, in the face of adversity are the ones who are able to adapt and, and change and make a pivot, you know, not get stuck. And that's why I think it's a great parallel between people who don't have disabilities and people who do. I mean, that's that one differentiator. If, if you decide you are not going to get stuck, and how am I going to adapt and pivot? That is how you can hopefully thrive and prosper versus just maybe just dying and not going anywhere, dying inside, I think from not trying to go further. Um, so that's a common denominator I see between all people, regardless of their backgrounds.

Jothy Rosenberg ([23:32](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

You know, I think I always thought that you, when something really challenging happens to you, and it, you know, it's way beyond just something physical. It could be, uh, a bad breakup from a relationship or, you know, a a death of a loved, a loved one. And at that moment, you're sitting on the peak of this roof and you, and you can go one direction or the other, and it's up to you. And one direction is bad. You're, you're gonna be depressed and, and you're gonna have, you know, you're gonna, you sort of wallow in your, in your negativity.

Corey Andrew Powell ([24:15](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Jothy Rosenberg ([24:16](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And the other way is, okay, this bad thing happened and I have to move. I have to move forward. I have to deal with it. Yeah. And, and that's certainly how I viewed my situation, that if I let all these people saying can't to me, um, get to me, uh, well then, you know, I was gonna go down the, the roof the wrong direction.

Corey Andrew Powell ([24:40](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm.

Jothy Rosenberg ([24:40](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And, and I had, and, and I had to just find little tiny things to, to succeed at, to break out of what they were trying to, they weren't trying, but what they were doing to me with their, with their negativity.

Corey Andrew Powell ([24:54](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Right. Yeah. They were projecting what, and very often is what people themselves would do in a situation that they're projecting onto you. And that's still, no matter what the situation, that's just what people do. Um, when I wanted to move or go to New York, I got, oh, I wouldn't do that. That's dangerous. They're gonna kill you. I watch law and order. It's dangerous. You know? And I'm like, no. Okay. But that's not what I would do. Like I'm going to New York. And, and so, but other people will get into your head. And one of my favorite guests actually on Motivational Mondays is a girl who was born with, born with cerebral palsy. Her name is Chelsea Bear, and she became a really big social media influencer because she noticed how people would be really nervous and uncomfortable as she tried to do her day-to-day activities, whether it be go to get coffee or whatever it was. And so she began to chronicle herself, just going to Starbucks, like, Hey, I might look a little different when I get my coffee, but I get my coffee and don't tell your kids not to look at me. Don't pull them away like I'm a social pariah. I would be happy to tell them why my body moves this way. And her thing was, let's sort of like demystify physical disabilities, because at one point through sickness or maybe even natural causes, most of us will experience it. And well,

Jothy Rosenberg ([26:06](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Don't forget age, we all age and

Corey Andrew Powell ([26:08](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Age. Yes, exactly. Yeah. Just natural progression, right?

Jothy Rosenberg ([26:13](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah, absolutely. Well, you know, it's, it, it, you, uh, you still get stared at even, you know, and, and when I was younger, it bothered me a lot. Um, and, and as I've gotten older, it's, it bothers me a lot less. I mean, I, I used to, I you wouldn't catch me dead. Not going to a, a, a, a restaurant, um, with, without my leg on.

New Speaker ([26:39](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

New Speaker ([26:39](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Now it's like, no, I want to be comfortable. I'm going on

Corey Andrew Powell ([26:43](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

<laugh>. Right? Yeah.

Jothy Rosenberg ([26:44](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah. But, but still, you know, when I, I I, and one of my major forms of exercise is, is swimming. Um, and I, I'll, I'll go to the pool and, um, you know, little kids will stare just, and, and they, and, and, and they'll, they'll yell to their mother across the pool, Hey, that man has only one leg.

Corey Andrew Powell ([27:06](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Oh, yeah.

Jothy Rosenberg ([27:07](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And I'll, and I'll say to the kid, yeah, but it didn't affect my hearing.

Corey Andrew Powell ([27:11](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

<laugh>

Jothy Rosenberg ([27:12](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

I can hear you. And, and, and what I, what I, what I try to say that to, to kids, um, uh, is, you know, maybe, uh, you want to ask me a question, I'm happy to answer your, your questions.

Corey Andrew Powell ([27:26](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Jothy Rosenberg ([27:26](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And I, and I've, I've gotten really kind of hooked on this, uh, trying to help younger kids, um, understand this kind of thing earlier, right?

Corey Andrew Powell ([27:37](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yes.

Jothy Rosenberg ([27:37](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And so, so I actually wrote this children's book called, um, adventures on the Can-Do Trail.

Corey Andrew Powell ([27:43](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Jothy Rosenberg ([27:44](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And, and, um, and, and in it, it's, well, it's for four to nine year olds. And I'm, and I'm trying to get that age kid through this book where it's about animals that have a physical challenge, and then a human boy, um, sees their situation and helps them adapt to whatever it is that is, is, is holding them back. And then, then they, they accomplish it. They accomplish something. And, and, and so on the first page, they're saying, and their friends are saying, you can't, you can't, you can't. The giraffe is born with, uh, stunted legs, and he and, and his parents and everyone is saying, oh, well, you can't reach the leaves on the tree. How are you gonna survive? And Alex the boy says, I know what to do, and makes him stilts.

Corey Andrew Powell ([28:32](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm.

Jothy Rosenberg ([28:33](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And and he can, and longer and longer stilts, and eventually he can reach the leaves, the tops of the trees. And, and everybody's saying, well, he's saying mostly who says, I can't reach the leaves at the tops of the trees.

Corey Andrew Powell ([28:46](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>. That's great.

Jothy Rosenberg ([28:47](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And the kids who get this book read to them, uh, at the, uh, uh, you know, a couple times after, after having it read to them, they, and, and then the, one of the parents says, can't at the dinner table. And the kid will say, we don't say can't anymore. And it's, you know, it, it really works.

Corey Andrew Powell ([29:04](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

It's a bad word,

Jothy Rosenberg ([29:06](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

<laugh>. Yeah. It's a bad word.

Corey Andrew Powell ([29:06](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

That's amazing. Yeah. I mean, I think it's really great that that's the whole point that Chelsea wants to, uh, get across as well. It's that young age, because she thinks that by, by starting off with that demographic, we are sort of resetting or re recalibrating society, because as they grow up, they're growing up with a very different relationship between people who have disabilities and all the different body types and things that we all have and that to, to contend with. And I do wanna ask you, I know we spent so much time on your, your, your pre-story about, you know, your, um, your cancer and, and how you've thrived after that. But I do wanna talk about your entrepreneurship, which is like out of this world <laugh> with these amazing high tech startups. So what was the transition like from, Hey, I'm gonna be this, you know, this ski bum guy, have a good time with, you know, foosball and beer <laugh>.

Jothy Rosenberg ([29:54](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Right.

Corey Andrew Powell ([29:55](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

To starting nine really successful high tech startups?

Jothy Rosenberg ([29:58](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Well, believe it or not, so, so the reason that that I went, you know, with, in sort of a such a determined way to go ski, was that that same oncologist who, who said, you know, do you know what THC is had also said something a, a, a, a little, um, more impactful actually on my brain, he said, because he had no experience with chemo, but he was gonna put me on it as a, as a, as a precaution covering his bases. He said to this 19-year-old, no one has ever survived when this happens. What he, he was, he was right when the cancer back then in 1973, if the cancer, that cancer called osteosarcoma spread to your lung, the survival rate was zero.

Corey Andrew Powell ([30:48](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Wow.

Jothy Rosenberg ([30:50](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

But, but I'm not sure he should have said that. What my brain heard was, you are going to die.

Corey Andrew Powell ([30:57](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm.

Jothy Rosenberg ([30:58](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

19-year-old brain heard that. So I did the ski bum thing. What I didn't anticipate, because I was kind of focused on something else, was that, oh, what if I'm still alive when the snow melts? And that's, I was, I was still alive and the snow melted.

Corey Andrew Powell ([31:14](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Right.

Jothy Rosenberg ([31:15](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Couldn't think of anything better to do than to go finish college. And then, um, you know, I, people were saying to me, what are you gonna do now? And I said, well, I don't know. I, I still, I still thought that I might not be around for long, so I didn't really feel like getting a job. I kinda liked school. So I, I went, I applied to graduate school, and then when I was in, in graduate school, people said, well, you don't even want to try for the, the PhD. No. You know, that's like, so few people can do that. I said, that's for me, <laugh>. I, I mean, I hate to <laugh>, I hate to say this, Corey, but the, the main reason I got a PhD was that people said, you can't,

Corey Andrew Powell ([32:01](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Who says I can't? Right. I mean, that's it, that you're living that brand. Like, seriously.

Jothy Rosenberg ([32:05](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

So, so I was, I, I finished my PhD in computer science at Duke, and I was on the faculty.

Corey Andrew Powell ([32:12](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

My gosh.

Jothy Rosenberg ([32:12](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And, and for, for five years. And, um, but I started working on something that just, I don't know, it was a, it was for the military. It was, no, it was for the, for nasa. It was a, it was building a space flyable single board, but a big board supercomputer that was gonna go on board the space shuttle.

Corey Andrew Powell ([32:36](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Hmm.

Jothy Rosenberg ([32:36](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And, and it was cool. And I thought, well, if this is good for that, why is this not gonna be good for like the normal world? What I, how could I do something to make that happen? And I started to talk to people and investigate. And it was pretty clear that in Durham, North Carolina, in those days, um, that wasn't a place to do a startup.

Jothy Rosenberg ([33:04](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And I had two choices, Boston or, or Silicon Valley. And my wife said, I want you to check Boston out first 'cause California's gonna fall into the ocean any day.

Corey Andrew Powell ([33:14](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

<Laugh>.

Jothy Rosenberg ([33:15](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

So I did check out Boston, and, and it's funny that I've ended up in Boston. That's where I am now. But, but, so I checked it out and, and the opportunity looked better in California. And so we, we went and, and first startup was in, um, in Sunnyvale, California. But then right after that, um, uh, I got a, a job in between startups and they moved me to Boston. And we've been here 28 years and eight more startups since that one. And they've been, like you said at the beginning in all kinds of different areas. Um, but what happened is that it became like, um, almost like an addiction. It it was the, the control over your own destiny. The, um, fast pace, the ability to make decisions, impactful decisions without analysis, paralysis, and just keep moving fast. And, um, part of the, part of one of the, there were two phenomenon that stuck with me for a really long time. One was, um, really a risk taker. I, I did a lot of things that were really risky, including startups, <laugh>. Um, and, and, and luckily once I started to have a family, I got to be better about that and not taking such, such, um.

Corey Andrew Powell ([34:38](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Right, right.

Jothy Rosenberg ([34:39](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Physical risks. Uh, and the other was that it was very hard to shake the idea that I wasn't gonna die any day now. And that lasted about 25 years.

Corey Andrew Powell ([34:51](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Hmm. Wow.

Jothy Rosenberg ([34:53](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And all that time, I was very impatient, um, with everything. I wanted everything to go fast, fast, fast. Yeah. And so it, the risk and the fast were very consistent with the, with startups. And, um, and I had, you know, a couple of successes, uh, I mean, with, with a total of nine, and you've probably heard this, and many of your listeners will have heard that eight out of 10 startups fail, which is actually a, a true statistic. And, um, so I've got nine. Um, we don't know what's gonna happen with this ninth one yet, but out of the eight previous ones, two had decent success.

Corey Andrew Powell ([35:38](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Jothy Rosenberg ([35:38](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

The others were, um, some of them I describe as we hit the wall with no skid marks,

Corey Andrew Powell ([35:46](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

<laugh>. Wow.

Jothy Rosenberg ([35:47](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

You know?

Corey Andrew Powell ([35:47](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah. Uh, <laugh>. That's fascinating. Uh, wow.

Jothy Rosenberg ([35:50](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

But they were all, they were all, even those were learning experiences. I mean, I've got this, this book that's coming out called Think Like A Startup Founder, and it's, um, it's me. Uh, it's written in the first person, just like my personal memoir. But now it's about my startup life. And I, unlike a lot of people that write these books, I focused on, well, here's lessons learned from mistakes I made.

Corey Andrew Powell ([36:24](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Jothy Rosenberg ([36:25](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And, um, and I cover all kinds of topics. Um, but, you know, and I tell, and I tell stories about what happened with this startup and this situation when I made this mistake. And that I believe, and I've gotten some feedback that, that says, I'm, I, I may be right, is going to sort of get that lesson into people's heads better than if I said, well, you, you better do A and then B, and then C. It's like, well, let me just tell you what happens if you don't.

Corey Andrew Powell ([36:57](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Jothy Rosenberg ([36:58](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

And that's, that's the approach that I took.

Corey Andrew Powell ([37:00](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Yeah. That's amazing. Universal words of wisdom for all of us. And I'm so appreciative to get them directly from you Jothy Rosenberg, uh, PhD, computer scientist, author, entrepreneur, and of course cancer survivor. It's been an honor to talk to you today. And again, as I mentioned, we, we were gonna do this previously and we had a weird, uh, snafu, but here we are finally having to interview you, and I'm so happy you're here. So thanks for being here today on Motivational Mondays.

Jothy Rosenberg ([37:25](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

Thank you so much, Corey. It was wonderful.

Corey Andrew Powell ([37:28](https://www.temi.com/editor/t/vvJODeNoGzbPtQ3tPl8U6utz96GtlrvdVSKKK5PUGc2xSRCZedPoJyzFfezuhYHZlKJ9NWpEZNZHnM6fge-dy-G2KwE?loadFrom=DocumentDeeplink)):

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